

# LASIK Medication Instructions

**Wait five minutes in between each drop.**  
**Shake drops well before using.**

## STARTING BEFORE SURGERY

- **Preservative-free artificial tears**

four (4) times a day in operated eye(s) and morning of surgery.

\*NOTE: Drops should be in a vial, not a bottle because they are preservative-free.



## STARTING AFTER SURGERY

- One (1) **Restoril sleep capsule** for a 2-3 hour nap. If not asleep after one hour, take the second capsule. If the first is sufficient, take the second pill when you go to bed if needed.



## STARTING AFTER YOUR NAP

- **Zymaxid** one (1) drop in operated eye(s) after nap and before bedtime.
- **Prednisolone Acetate** one (1) drop in operated eye(s) every two hours while awake.
- **Preservative-free artificial tears** one (1) drop in operated eye(s) as needed for irritation.



## STARTING THE DAY AFTER SURGERY

- **Zymaxid** one (1) drop four (4) times a day in operated eye(s) until .
- **Prednisolone Acetate** one (1) drop four (4) times a day in operated eye(s) until .
- **Preservative-free artificial tears** one (1) drop in operated eye(s) every two hours or as needed while awake.



### Drop Usage:

- Create a "pocket" by pulling down your lower lid and place one drop into the pocket
- It does not matter which drop you use first, just wait 5 minutes between each drop
- Shake the bottles very well before you using them
- Refrigerating your drops helps ensure the drop actually went into the eye and not down your cheek